



ROLE OF EA COUNSELORS

During School Closure for COVID-19

MENTAL HEALTH



Promote Social Emotional Health and Provide Consultation for Concerns for Mental Health

- School Counselors will provide resources for families to encourage social emotional skills during school closure.
- School Counselors will also provide consultation to parents regarding mental health issues by phone or email.
- School counselors do not provide therapy. Telehealth referrals are available upon request.

ACADEMIC ADVISING AND INSTRUCTION



Promoting Student Success

School Counselors will work with students (in collaboration with parents) to help relieve academic concerns and stress.

Academic Counselors

- Grades/classes
- Courses for next year
- Graduation Progress
- Personal/Social Concerns

Drug Prevention Counselor

- Will be reaching out to students who have enrolled in PIC or TEG classes
- Provide resources relating to substance use and abuse

Career and College Counselor

- Transcript requests
- College applications / "intent to enroll"
- career & college planning/advising
- Fast Forward Funding help/questions
- FAFSA completion
- Concurrent credit information
- Scholarship search
- Military questions

COLLABORATION & CONSULTATION



Staff, Families, and Community

- School Counselors are available through email, Microsoft Teams, or phone to provide collaboration and consultation with school staff, families, and the community to identify student concerns and engage initiatives to promote success.
- The best way to contact the counselors is through email. Counselors can respond either by email or phone.
- Email will only be monitored during school hours 8 am - 3 pm. If you have an emergency, please contact police dispatch or 9-1-1.

LIMITS OF CONFIDENTIALITY



School Counselors are legally required to break confidentiality when they hear a student is:

- Hurting themselves
- Hurting others
- Someone is hurting them
- Illegal activity

ADDITIONAL RESOURCES (THESE WILL CONTINUE TO BE UPDATED)

Counseling Website (including College & Career): www.westada.org/ea Counseling Tab
West Ada covid-19 updates: <https://www.westada.org/COVID-19>

BEST WAY TO CONTACT US IS VIA EMAIL:

Counselor: Jill Stewart (stewart.jill@westada.org)

College & Career Counselor: Nichole Deakins (Deakins.Nichole@westada.org)