Promoting Student Success
School Counselors will work with students (in collaboration with parents) to help relieve academic concerns and stress.

Promote Social Emotional Health and Provide Consultation for Concerns for Mental Health
• School Counselors will provide resources for families to encourage social emotional skills during school closure.
• School Counselors will also provide consultation to parents regarding mental health issues by phone or email.
• School counselors do not provide therapy. Telehealth referrals are available upon request.

Collaboration & Consultation
Staff, Families, and Community
• School Counselors are available through email, Microsoft Teams, or phone to provide collaboration and consultation with school staff, families, and the community to identify student concerns and engage initiatives to promote success.
• The best way to contact the counselors is through email. Counselors can respond either by email or phone.
• Email will only be monitored during school hours 8 am - 3 pm. If you have an emergency, please contact police dispatch or 9-1-1.

Limits of Confidentiality
School Counselors are legally required to break confidentiality when they hear a student is:
• Hurting themselves
• Hurting others
• Someone is hurting them
• Illegal activity

Role of EA Counselors
During School Closure for COVID-19

Mental Health

Academic Advising and Instruction

Collaboration & Consultation

Additional Resources (These Will Continue to Be Updated)
Counseling Website (Including College & Career): www.westada.org/ea Counseling Tab
West Ada covid-19 updates: https://www.westada.org/COVID-19
Best Way to Contact Us is Via Email:
Counselor: Jill Stewart (stewart.jill@westada.org)
College & Career Counselor: Nichole Deakins (Deakins.Nichole@westada.org)