



Eagle News December 2018

December Events

7 – 8:15am Breakfast with Parents for Grades K-2
11 – Early Release at 1:25 pm
12 – PTA Meeting at 4:15 in the Library
24th – Jan 4th Winter Break/No School

January events

18th – Early Release at 1:25 pm/End of Semester
21st – No School for MLK/Human Rights Day

Leadership Team

We would like to invite you to be a part of our Leadership Team! The team meets once a month to discuss a wide variety of topics including school budget and goals, student achievement, family events, and much more. Parent input is an important part of this decision making process. Our next meeting will be Tuesday, December 11th from 8:00 AM - 9:00 AM. If you are interested in attending or have any questions, please contact Angelina Wilson at 208-855-4475.

Early Release Dec. 11th

Grades 1-5 9:05 am – 1:25 pm
Kindergarten am 9:05 – 10:55 am
Kindergarten pm 11:40 – 1:25pm



For inclement weather, check the Westada.org website and the local TV stations for school closures. Blackboard messages will also go out using contact information provided by families in their PowerSchool account, so please keep your contact information updated in PowerSchool.

McMillan Elementary
10901 W McMillan Rd.
Phone: (208) 855-4475
Attendance: (208) 855-4482

Lost and Found

Please label your child's outdoor wear with their names. Our collection of coats, hats, gloves, etc. is growing! Visit the school to see if any of your child's items are here.

As a reminder – students may go outside for recess unless the temperature is below 20 degrees. We do take wind-chill factors into consideration, but children will be outside more often than not. Please make sure your children are dressed appropriately.

Regardless of weather, children are not supervised at the school grounds until 8:45 on Mon, Tues, Thurs and Fri and 9:00 on Wed.



McMillan t-shirts and hoodies are for sale in the office. \$10 for Youth T-shirts, \$12 for Adult sizes. \$20 for Youth Hoodies, \$25 for Adult sizes.

SKI IDAHO 5th/6th GRADES:

“Peak Season Passport”

Go to the website <https://www.skiidaho.us/programs/passport> to submit your application and the one-time \$18 processing fee. We'll e-mail you a passport that gives your 5th grader three free days at all 18 locations, and your 6th grader two free days at 17 participating locations. A parent or guardian must be present, and the passport must be shown at the resort in order to receive the lift ticket. Ski/Snowboard rentals are available in town at Greenwoods/McU Sports or on the mountain at Bogus. Rental fees are separate. Questions about the program? info@skiidaho.us

Participating ski hills reserve the right to limit passport use for ski racers, on race days and on any scheduled blackout dates that may apply. Check with your ski hill for full details. <https://bogusbasin.org/>

The beautiful scenery of winter brings a lot of excitement for our kids! We encourage outdoor recreation for exercise, fresh air, and to release pent up energy. Here are some helpful tips for preparing for outdoor activities during cold winter weather – for all ages:

What is the best clothing for cold weather?

- a hat
- a scarf or knit mask to cover face and mouth
- sleeves that are snug at the wrist
- mittens (they are warmer than gloves)
- water-resistant coat and shoes
- several layers of loose-fitting clothing



Be sure the outer layer of your clothing is tightly woven, reduce body-heat loss caused by wind. Wool, silk, or of clothing will hold more body heat than cotton. Stay dry—wet clothing chills the body rapidly. Excess perspiration will increase heat loss, so remove extra layers of clothing whenever you feel too warm. Also, avoid getting gasoline or alcohol on your skin while de-icing and fueling your car or using a snow blower. These materials in contact with the skin greatly increase heat loss from the body.

preferably wind resistant, to polypropylene inner layers

Do not ignore shivering. It is an important first sign that the body is losing heat. Persistent shivering is a signal to return indoors.

What are the warning signs for hypothermia?

- shivering/exhaustion
- confusion/fumbling hands
- memory loss/slurred speech
- drowsiness
- bright red, cold skin
- very low energy

What should I do if I see someone with warning signs of hypothermia?

If you notice signs of hypothermia, take the person's temperature. If it is below 95°, the situation is an emergency, get medical attention immediately.

If medical care is not available, begin warming the person, as follows:

- Get the person into a warm room or shelter.
- If the person has on any wet clothing, remove it.
- Warm the center of the body first—chest, neck, head, and groin—using an electric blanket, if available. Or use skin-to-skin contact under loose, dry layers of blankets, clothing, towels, or sheets.
- Warm beverages can help increase the body temperature, but do NOT give alcoholic beverages. Do not try to give beverages to an unconscious person.
- After body temperature has increased; keep the person dry and wrapped in a warm blanket, including the head and neck.
- Get medical attention as soon as possible.

The above information was adapted from the Centers for Disease Control and Prevention website:<http://www.bt.cdc.gov/disasters/winter/faq.asp>