



Sports

Pre-Participation

Physical Exams



WHO: All upcoming **FRESHMEN** and **JUNIORS**, **TRANSFERS/NEW** Athletes!

DATE: **Tuesday May 21, 2019**

COST: **\$20** (cash, check, and card are all accepted!)

LOCATION: Mountain View High School Gym
2000 S Millennium Way, Meridian, ID 83642

TIME: **GIRLS: 4:00 – 6:15 PM & BOYS: 6:15 – 8:30 PM**
We encourage you to come at your schools scheduled time. No Athlete will be admitted after 8:30 PM.

GIRLS

Mountain View: 4:00 - 4:45 PM
Rocky Mountain: 4:45 - 5:30 PM
Eagle: 5:30 - 6:15 PM

BOYS

Eagle: 6:15 - 7:00 PM
Rocky Mountain: 7:00 - 7:45 PM
Mountain View: 7:45 - 8:30 PM

ADDITIONAL INFORMATION

Medical History: The history portion of the physical form must be **completed and signed by the parent or guardian** **PRIOR** to admission to the examination. This form can be printed from www.idhsaa.org. Go to "Rules & Forms" → "Miscellaneous forms" → "Physical Exam and Consent Form"

Parents: To help minimize congestion, parents are asked to wait for their student athletes in the cafeteria, you can fill out the SWOL profile and 2 forms at this time. **If you are NOT accompanying your child to this event, please be sure that they arrive with signed consent physical forms** (read Medical History above for form information).

What to wear: Shorts and T-shirts!

Parking: Mountain View High School parking lot. North side of the gym.

*It is an IHSAA requirement that student athletes receive a physical exam prior to the beginning of their freshman and junior years. To keep this cost effective for parents and convenient for students, your school's athletic training department has developed a relationship with the Ada County Medical Society. For more than twenty years, we've come together on one day to deliver a comprehensive sports exam to our athletes! *