



Name _____

Current Grade _____

Solo Choreography Overall Score: 1-2-3-4-5-6-7-8-9-10

Solo Memory & Recall of Choreography : 1-2-3-4-5-6-7-8-9-10

Solo Performance Quality : 1-2-3-4-5-6-7-8-9-10 Solo Total Score:

COMMENTS:

SCORE:

Does NOT
meet min.
requirements

Memory & Recall	Appears to have significant difficulty recalling or following choreography 1 2 3	Completes dance with some errors, appears to have some difficulty recalling or following choreography 4 5 6	Completes dance with few errors, generally appears to dance with focus & confidence 7 8 9	Quickly comprehends &, no errors accurately remembers information & directions, able to dance in movement phrases 10
Temporal Awareness <i>(Time/Rhythm)</i>	Unable to consistently match body movements with beat; appears to struggle to dance in rhythm 1 2 3	Moves whole body to underlying beat; able to repeat complex rhythmic patterns with support or practice 4 5 6	Able to consistently match body movements with beat, reflects beat/rhythm in whole body 7 8 9	Able to consistently match body movements with beat, reflects beat/rhythm in whole body; demonstrates keen sense of time & rhythm in performance 10
Body Awareness & Control <i>(Embody technical dance skills i.e. functional alignment, coordination, balance, core support, clarity of movement, weight shifts, flexibility/range of motion to retain and execute dance choreography)</i>	Demonstrates below average physical strength & flexibility 1 2 3	Demonstrates physical strength & flexibility typical of peers 4 5 6	Demonstrates above average physical strength & flexibility; Demonstrates above average balance and physical control 7 8 9	Demonstrates unusual physical strength & flexibility; Demonstrates unusually advanced balance & physical control 10
Movement Quality Awareness	Demonstrates below average range of movement qualities (e.g. strong, gentle, bouncy, & swinging) 1 2 3	Demonstrates average range of movement qualities (e.g. strong, gentle, bouncy, & Swinging) 4 5 6	Demonstrates wide range of movement qualities (e.g. strong, gentle, bouncy, & swinging); demonstrates ability to move with subtlety & intensity 7 8 9	Demonstrates unusually full range of movement qualities (e.g. strong, gentle, bouncy, & swinging); demonstrates unusual ability to move with subtlety & intensity 10
Expressiveness	Demonstrates limited ability to communicate ideas & feelings through movement 1 2 3	Average ability to communicate ideas & feelings through movement 4 5 6	Above average ability to communicate ideas & feelings through movement 7 8 9	Advanced ability to communicate ideas & feelings through movement; dances with unusual expressiveness, intensity & subtlety 10