1. ____________ is characterized by inflammation and constriction of the lung's main air-ways. An attack can be triggered by smoking or exposure to second-hand smoke.

2. ________________ is the hardening of the arteries and is a major cause of heart attack and stroke. It occurs when plaque builds up in the arteries, called Atherosclerosis, and narrows or completely blocks the flow of blood.

3. List five kinds of cancer that are known to be caused by smoking:
   A. ____________________________
   B. ____________________________
   C. ____________________________
   D. ____________________________
   E. ____________________________

4. ______________ Cancer is cancer of the soft tube that connects the mouth with the stomach.

5. Tar in cigarette smoke causes irritation and reduces elasticity in the lungs’ alveoli (air-sacs.) As a result, the lungs lose their ability to transfer oxygen to the bloodstream - a condition called ________________.

6. ____________ increases a smoker’s heart rate minutes after he or she first inhales. Nicotine also causes the arteries to become narrower every time a person smokes, contributing to high blood pressure.

7. Studies show that long-term smokers tend to get wrinkles and _______ ________ earlier than non-smokers.

8. Smokers have a higher risk of developing _______ ______________, such as, gingivitis and periodontitis which causes the gums to swell and bleed easily.

9. ________________ use is the leading preventable cause of death. Half of the people who smoke today will eventually be killed by tobacco.