

GUIDANCE ON COVID-19 EXPOSURE FOR SCHOOLS

Are you experiencing COVID-19 symptoms? They include:

- » Fever (100.4°F or 38°C) *without having taken any fever-reducing medications, such as acetaminophen or ibuprofen.*
- » Cough
- » Chills
- » Fatigue
- » Loss of smell or taste
- » Muscle aches
- » New or unusual headache
- » Congestion or runny nose
- » Sore throat
- » Nausea, vomiting, diarrhea, or loss of appetite
- » Shortness of breath

(One or more of these symptoms that is a new onset or is an increase in severity)

YES, I HAVE SYMPTOMS

NO SYMPTOMS

FOLLOW ILLNESS DECISION TREE FOR SCHOOLS
<https://cdh.idaho.gov/pdfs/cd/Coronavirus/Resource%20Docs/schools/Covid-Illness-Decision-Tree-8-31-20-FINAL.pdf>

Policy of who to contact if exposed/have questions:

Have you been in contact with someone who has been diagnosed with or tested positive for COVID-19?

YES

NO

Yes, direct physical contact or close contact
(within 6 feet for 15 or more minutes)

Yes, non-close contact
(outside 6 feet or within 6 feet for a brief period of time)

Practice physical distancing and good hygiene.

Practice physical distancing, good hygiene, **AND** watch for symptoms.

UNKNOWN
 Ex: attended an event where someone was positive and deemed infectious, but is unknown.

If physical distancing was practiced among **ALL** participants – watch for signs and symptoms.
 If **NOT**, quarantine for 14 days from exposure date.

Quarantine yourself for 14 days from exposure date.
<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>