



Physical Education Make-up Form



Name _____

Date (s) Absent _____ PE Period _____

To receive credit for an absence in PE class you must complete 30 minutes of continuous activity (for each day missed) outside of school and return this form signed by your parents or coach. The activity is up to you but it must incorporate continuous movement such as; sports, raking leaves, mowing lawns, walking pets, bike riding, skateboarding, etc.

What I did _____

Parent/Coach signature _____



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