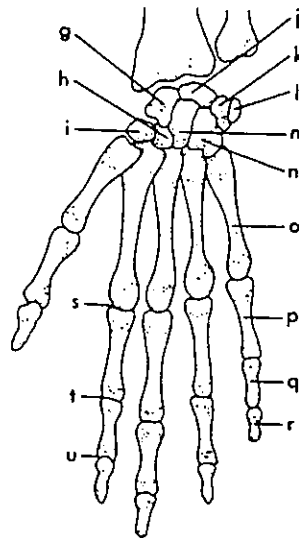
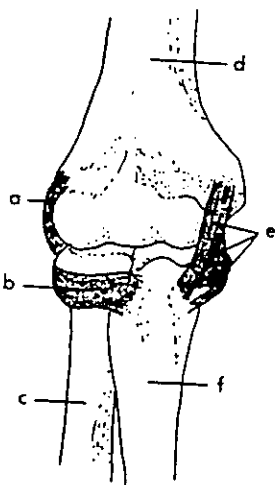


NAME _____
SECTION _____

CHAPTER 22 WORKSHEET THE ELBOW, FOREARM, WRIST, AND HAND

MATCHING: Match each structure with the appropriate name.

- _____ 1. Annular ligament
- _____ 2. Capitate
- _____ 3. Hamate
- _____ 4. Lunate
- _____ 5. Metacarpal
- _____ 6. Pisiform
- _____ 7. Proximal phalanx
- _____ 8. Radial collateral ligament
- _____ 9. Radius
- _____ 10. Scaphoid (navicular)
- _____ 11. Trapezium
- _____ 12. Trapezoid
- _____ 13. Triquetral
- _____ 14. Ulna
- _____ 15. Ulnar collateral ligament



MATCHING: Match the condition with the correct response.

- | | |
|-----------------------------------|--|
| _____ 16. Carpal tunnel syndrome | A. Medial collateral sprain |
| _____ 17. Colles' fracture | B. Proximal flexor tendon strain |
| _____ 18. de Quervain's disease | C. Pronator teres strain |
| _____ 19. Elbow dislocation | D. Leads to myositis ossificans |
| _____ 20. Golfer's elbow | E. From humeral supracondylar fracture |
| _____ 21. Handlebar palsy | F. From fall on the outstretched arm |
| _____ 22. Javelin thrower's elbow | G. Phalen's test |
| _____ 23. Pitcher's elbow | H. Stenosing tenosynovitis of thumb |
| _____ 24. Volar plate injury | I. Paresthesia in fourth and fifth fingers |
| _____ 25. Volkmann's contracture | J. Swan-neck deformity |

SHORT ANSWER

26. With an elbow injury, where would you check for circulation distal to the injury?
27. How would you manage an acute elbow sprain?
28. What structures may be damaged with a posterior elbow dislocation, leading to serious complications in the hand and wrist?
29. Why would you never reduce a first-time elbow dislocation?
30. How would you evaluate an athlete for carpal tunnel syndrome?
31. How should a fractured phalange be splinted?
32. How might you rule out a fracture of the metacarpals?

LISTING

List the proper splinting positions for the following conditions.

33. Mallet finger
34. Sprain of PIP joint
35. Sprain of DIP joint

List three exercises that can be done in a rehabilitation program for the forearm, wrist, and hand.

- 36.
- 37.
- 38.

ESSAY

39-41. Describe the signs and symptoms of forearm splints.

42-44. What are the signs and symptoms of collateral ligament sprains in the interphalangeal joints of the fingers?