

# COURSE SYLLABUS

**COURSE TITLE:** Health Education

**INSTRUCTOR:** Mr. Wilper

## REQUIRED MATERIALS

Pen or pencil

Loose-leaf paper

Two-Pocket folder

Assignments and/or projects

Reading book (Recommended)

Calculator (Recommended)

**COURSE DESCRIPTION:** Health is a semester course required for all 8th grade students. It is designed to help students make independent, informed decisions concerning their physical, mental, and social well-being. It encourages students to discover their capabilities and responsibilities for developing attitudes and patterns of behavior that promote a full and satisfying life.

**PHILOSOPHY 1 (P1):** Student initiated questions of a "sensitive" nature will be referred home. The only contraception information is a general statement that informs students of the limited effectiveness of contraceptives in preventing pregnancy.

**PHILOSOPHY 2 (P2):** Student initiated questions will be answered in a factual, medically accurate, objective, and developmentally appropriate manner. Methods of birth control will be discussed as they pertain to risk and effectiveness. No demonstrations will be permitted.

*\*Please refer to district curriculum for further detailed information regarding P1 and P2 course content.*

## COURSE TOPICS

Unit 1: Total Health

Unit 2: Mental and Social Health

Unit 3: Abuse and Violence

Unit 4: Physical Health

Unit 5: First Aid, CPR and Safety

Unit 6: Disease and Addiction

Unit 7: Advocacy

Unit 8: Life Cycle and Reproduction

**GRADES:** Grades are updated on PowerSchool daily (including late work). Grades appearing as a "0" are assignments that have not been turned in. Graded papers, no name papers, and incomplete assignments are located under the class period box in a folder titled, "Graded Papers / No Name Papers." Very few traditional "worksheet" style assignments are used throughout the semester. Directions for completing assignments are available through PowerSchool and on-line through the teacher website link.

## GRADING SCALE

90 – 100%	A
80 – 89%	B
70 – 79%	C
60 – 69%	D
0 – 59%	F

## GRADING GUIDELINES (Total Points)

Classwork	~40%
Projects	~35%
Exams	~25%

**ABSENCES:** It is your responsibility to make-up all work missed when you are absent. Check with me before or after class to find out what was missed. You may come in at lunch anytime for help. If you miss a day of class notes, you will need to find another student to lend you their notes. You will be given 2 days for each excused absence to make up any in-class assignments and/or exams. If you have a pre-arranged absence, you should contact me in advance to get the materials you will need to be up to speed with the rest of the class when you return.

**LATE WORK:** It is your responsibility to turn your assignments in on time.

1 Day Late: 10% (Max 90%)

2 Days Late: 20% (Max 80%)

3+ Days Late: 30% (Max 70%)

*Note: Grades will be calculated based on assignments from the entire semester (approximately 18 weeks). A cut-off date 9 weeks from the start of school will be maintained along with a second cut-off date on the day of the final exam.*

**STUDENT CONDUCT AND DISCIPLINE POLICY:** Expectations for student conduct and consequences for misconduct are available in the "Middle School Student-Parent Handbook." Behavioral expectations will be reviewed and posted in the classroom to align with our school's PRIDE Matrix. Isolated minor offenses of misconduct will result in a referral which includes a written warning (first minor offense), parent/guardian contact along with an assigned lunch detention (second minor offense), followed by consequences assigned by school administrator (third minor offense: "Major Disciplinary Offense").

**TARDY POLICY:** You are required to be in your seat, sitting quietly, while working on your self-starter at the bell.

Tardy 1-2: Written Warning

Tardy 3: Parent/Guardian Contacted, Lunch Detention (1)

Tardy 4: Lunch Detention (3)

Tardy 5+: Consequences Assigned by School Administrator

**HALL PASSES:** Drinks and bathroom breaks should be taken prior to your arrival to class. You may bring water to class in a clear, sealed container.

**ELECTRONIC DEVICES:** Personal electronic devices (cell phones, music players, headphones, etc.) will remain silent and out of sight.

**ITEMS INAPPROPRIATE FOR CLASS:** "[Toys and items] that can cause a disruption to the learning environment."

*\*Please refer to the "Middle School Student-Parent Handbook" for further details.*

### **CLASSROOM PROCEDURES**

Class will begin with a self-starter question on the board. You are required to begin this quietly at your seat at the bell. The day's agenda and learning objective(s) will also be listed on the board. Please check the board when you arrive to prepare yourself for class.

During the first class day of the week (typically, Monday) you will be writing down the topics and upcoming assignments for the week.

The speed and quality of your work--along with your level of understanding--will determine the amount of time needed to be successful in class. Studying and completing work assigned during an absence will be the primary "homework" assignments.

Assignments will only be accepted if they are properly labeled (full name and class period), written neatly (using complete sentences when appropriate), and completed.

Students are encouraged and welcome to come in at lunch for extra help when needed.

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## HEALTH EDUCATION

## COURSE SYLLABUS

Please sign below stating that you have read and understand the course description and expectations.

NAME: \_\_\_\_\_

PERIOD: \_\_\_\_\_

DATE: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_